

## CREDITS FOR ATTENDANCE

### CEU - 14 Hours

**\*\*\* Includes 3 hours of ETHICS \*\*\***

Friday, March 5th - 6 hours

(Includes 1 hour ETHICS)

Friday Evening - ETHICS - 2 hours

Saturday, March 6th - 6 hours

1. National Board of Certified Counselors (NBCC)
2. Idaho Society for Clinical Social Workers (ISCSW) LSW, LMSW and LCSW levels
3. Boise City Child Care licensing hours

Certificates of Attendance available to all attendees.

## GRADUATE CONTINUING EDUCATION CREDIT

Northwest Nazarene University

(Must attend both day programs and evening program)

Instructor of Record – Dick Craig, Ed.D., LCPC

1 Credit. . . . . \$65.00

Registration for credit on-site only.

For more information call 344-7194.

## HOTEL REGISTRATION INFORMATION

### DoubleTree Hotel - Riverside

2900 Chinden Boulevard  
Boise, Idaho 83714

### Special Conference Rates:

Single or Double Occupancy \$89.00

### RESERVATIONS:

(208) 343-1871 or (800) 222-8733

Room Guaranteed if Reserved by 2-14-2010

INDICATE YOU ARE AN ISIP PARTICIPANT!



Idaho Society of Individual Psychology  
Post Office Box 284  
Boise, Idaho 83701-0284

*"Anyone trained in Adlerian Psychology knows what to do the first time they sit down with a client and through the process."  
Wes Wingett, Ph.D. & Steven Maybell, Ph.D.*

NON PROFIT  
U.S. POSTAGE  
PAID  
Boise, ID 83709  
PERMIT No. 679

## Who attends ISIP Conferences?

- Counselors
- Social Workers
- Case Managers
- Educators
- Child Care Providers
- Psychologists
- Business Professionals
- Doctors & Nurses
- Parents

**Includes 3 hours of ETHICS!**



Idaho Society of Individual Psychology

# The Ultimate Gift: Mastering the Skills of Encouragement



Lew Losoncy, Ed.D.  
Doctor of Encouragement

## ANNUAL CONFERENCE March 5 & 6, 2010

DoubleTree Hotel - Riverside  
2900 Chinden Blvd.  
Boise, Idaho  
**(208) 343-1871**

# ISIP Registration

Sign up for:

	Regular	Full Time Student
<input type="checkbox"/> Both Days*	\$ 180	\$ 85
<input type="checkbox"/> Friday only*	\$ 140	\$ 60
<input type="checkbox"/> Saturday only*	\$ 125	\$ 55
<input type="checkbox"/> Friday Evening	\$ 35*	\$ 35*

\*Friday evening included with Registration.

20% DISCOUNT offered for 3 or more registrants from the same agency for REGULAR registrations when submitted together. Discount NOT available for Online or Evening Only registrations.

Conference Registration includes: ISIP Membership, Continental Breakfast both days, and Friday lunch.

Student's Professor's Signature \_\_\_\_\_

Friday Evening program only \$ 35  
(No Discounts) (\$15 Late charge after 2/14)

VEGETARIAN Lunch - Friday

CONFERENCE REGISTRATION . . . . . \$ \_\_\_\_\_

Late Charge after 2/14/2010 (\$25) . . . . . \$ \_\_\_\_\_

CONFERENCE TOTAL . . . . . \$ \_\_\_\_\_

NASAP Associate Member (optional) \$25  
(North American Society of Adlerian Psychology) . . \$ \_\_\_\_\_

TOTAL ENCLOSED . . . . . \$ \_\_\_\_\_

Please Print

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ ST \_\_\_\_ Zip \_\_\_\_\_

Day Phone \_\_\_\_\_

Evening Phone \_\_\_\_\_

Email\* \_\_\_\_\_

Profession \_\_\_\_\_

Institution \_\_\_\_\_

Make checks payable to ISIP and mail along with this registration information to ISIP, P.O. Box 284, Boise, ID 83701 or to Register Online, go to [www.adleridaho.com](http://www.adleridaho.com)  
Discount not available for Online registrations.

**Cancellation Fee of \$25 will be retained after February 25. NO REFUNDS after February 28.**

Phone (208) 344-7194 • [tommytom@cablone.net](mailto:tommytom@cablone.net)

\*Please note: Confirmation is sent via e-mail only.

# The Ultimate Gift: Mastering the Skills of Encouragement

FRIDAY, MARCH 5th	
7:30 a.m.	REGISTRATION
8:30 a.m.	<b>Encouragement is Positively the Way Up</b> <i>Goal:</i> Participants will be exposed to the roots of encouragement, and the underlying assumptions of the encouragement process. Definitions of encouragement will be discussed. Participants will then reflect on significant encouragers, and defining specific encouraging and discouraging moments in their lives to experience encouragement emotively and cognitively. (Live Demonstrations)
10:00 a.m.	BREAK
10:15 a.m.	<b>On Becoming a Therapeutic Person: Developing a Courageous View of Life</b> <i>Goal:</i> Participants will reflect upon how their own philosophy of life affects how they proceed with students, clients or patients. A therapist's own courage can facilitate the encouragee's beliefs and actions. Participants will experience beliefs that can enhance their own courageous living. (Live Demonstrations)
12:00 noon	LUNCH (included in Registration)
1:00 p.m.	<b>Encouragement as Attitude Modification</b> <i>Goal:</i> Participants will discuss the influence of attitude on our levels of courage, confidence, hope and personal responsibility. Our attitude is our primary human resource. Creating conditions to influence a person to move from an "I can't," to "I can" to "I am" involve modifying a person's attitude towards self, others and life. (Live Demonstrations)
2:00 p.m.	<b>Identifying Discouraging Constrictors to Our Client Growth</b> <i>Goal:</i> Participants will reflect upon the client giving away personal power and discouraging self by blaming and excusing. (Live Demonstrations)
3:15 p.m.	BREAK
3:30 p.m.	<b>Ethics</b> Mary Barros-Bailey, PhD, CRC, NCC
4:30 p.m.	DISMISSAL

FRIDAY, MARCH 5th	
7-9 p.m. 2 Hours	<b>Ethics in Practice</b> Mary Barros-Bailey, PhD, CRC, NCC

**Lew Losoncy** is a rare breed among authors, speakers, trainers, and motivators. His following is international and his fans have named him "The Doctor of Encouragement". Lew has developed his philosophy from years of Adlerian training and experience. He is one of the nation's best authors and speakers on leadership and motivation.

Dr. Losoncy educates his audiences on how to get people to do things without using power, fear, and humiliation. He is the author of more than 16 books including: *If It Weren't For You, We Could Get Along* • *Turning People On* • *What Is, Is!* • *The Skills of Encouragement Today! Grab It!* • *How to Succeed With People and Be a Positive Person and Early Poppers*. He has been featured in such news media as *The*

SATURDAY, MARCH 6th	
7:30 a.m.	REGISTRATION
8:30 a.m.	<b>20 Skills of Encouragement and 4 Phases of Encouragement Therapy</b> <i>Goal:</i> Participants will discuss and contribute to 20 skills of encouragement, applying the skills to practical situations. The phases of encouragement therapy will be explained and discussed. (Live Demonstrations)
10:00 a.m.	BREAK
10:15 a.m.	<b>20 Skills of Encouragement and 4 Phases of Encouragement Therapy</b> Continued, with an emphasis on the use of encouragement with groups. (Live Demonstrations)
12:00 noon	LUNCH (on your own)
1:00 p.m.	<b>Focusing on Strengths and Efforts</b> <i>Goal:</i> Participants will develop a mindset to see and find resources and potential with clients. (Live Demonstrations)
3:00 p.m.	BREAK
3:15 p.m.	<b>Accepting the Things We Can't Change, and Changing the Things We Can</b> <i>Goal:</i> Participants will understand the importance of accepting that "what is, is," through humor and humility while remaining optimistic by unleashing the power of optimism, perceptual alternatives and creative determination.
4:00 p.m.	DISMISSAL

Intermountain Hospital provides NBCC credit.

*Wall Street Journal, Psychology Today, and Working Woman Magazine.* TV appearances include *CBS (This Morning)* and *CNN*.

**Mary Barros-Bailey, PhD, CRC, NCC** is a bilingual rehabilitation counselor, vocational expert, and life care planner based in Boise, Idaho. In 2009, she was appointed by the Commissioner of the Social Security Administration to Chair the Occupational Information Development Advisory Panel.

Mary's professional research interests include ethics, disability, aging, and multicultural issues. She has published and presented internationally and taught ethics to graduate counseling students at Boise State University. Dr. Barros-Bailey is on the editorial boards or is a reviewer for four peer-review journals, including the *Journal of Counseling and Development*.

"According to Adlerian theory, psychotherapy is mainly a matter of encouragement. Think of it. Is it not true that most people who come for therapy are discouraged, defeated, dispirited, unsure of themselves? Is not fear the common enemy that all counselors face? And is it not courage that we attempt to give people - courage to face life more bravely, to see things as they are?"

Ray Corsini, Ph.D.  
(and Losoncy, as well as myself, are Adlerians)